



Adoption Coaching



Coaching for Adoptive Parents: Open and free for any adoptive parent in Vermont. Drop in anytime - no commitment required. Each coaching session will include a brief (15 minutes or less) teaching on a relevant topic. Followed by an open discussion on the presented topic OR any topic important to the folks present that evening.

Potential topics: talking about adoption, answering difficult questions, discipline, managing questions from people outside your family, sibling conflict, challenging behaviors, family identity, grief and loss, the impact of trauma.

Questions? Contact Chynah Boise at chynah.boise@uvm.edu

Date	Time	Initial Topic	Registration Link
Jan 17, 2024	6:30-8pm	Challenging behaviors	<u>Click here to register!</u>
Feb 21, 2024	6:30-8pm	Self Care	<u>Click here to register!</u>
Mar 20, 2024	6:30-8pm	Community/Building a network	<u>Click here to register!</u>
Apr 17, 2024	6:30-8pm	Handling Grief and Loss	<u>Click here to register!</u>
May 15, 2024	6:30-8pm	Emotional "hot spots"	<u>Click here to register!</u>
June 12, 2024	6:30-8pm	Life stories	<u>Click here to register!</u>