

This support group is a collaboration between Lund and the Vermont Center for Children, Youth and Family



# Stories of Adoption

For Adoptive and Guardianship Families

**1st Tuesday of the Month**  
(from October 2024 to June 2025)  
**FROM 12:00-1:00 PM**

Virtual group via Zoom

## JOIN OTHER ADOPTIVE AND GUARDIANSHIP PARENTS

as we share our joys and struggles, learn new ways to work with our children's challenges, and care for ourselves.

### This group will cover the following:

- **General Adoption Themes**
- **Impact of Early Trauma**
- **Managing Behaviors**
- **Combating Secondary Trauma**
- **Building a Healthy Attachment and Connection, and more**

### To learn more or to register, contact:

Mary Undercoffler,  
Lund Post Permanency  
Service Provider

☎ 802-448-3617  
✉ [maryu@lundvt.org](mailto:maryu@lundvt.org)

Amy Woodruff,  
Lead Mental Health  
Clinician

✉ [amy.woodruff@uvmhealth.org](mailto:amy.woodruff@uvmhealth.org)



HOPE • OPPORTUNITY • FAMILY



Vermont Center for  
Children Youth & Families