

This support group is a collaboration between Lund and the Vermont Center for Children, Youth and Family



# REFLECTIONS

For Adoptive and Guardianship Families

**TUESDAYS:** 10/24, 11/7, 12/19, 1/16, 2/13, 3/26,  
4/9, 5/21, 6/4

**FROM 12:00-1:00 PM**

Virtual group via Zoom

## JOIN OTHER ADOPTIVE AND GUARDIANSHIP PARENTS

as we share our joys and struggles, learn new ways to work with our children's challenges, and care for ourselves.

### This group will cover the following:

- Impact of Early Trauma
- Managing Behaviors
- Combating Secondary Trauma
- Building a Healthy Attachment and Connection, and more

### To learn more or to register, contact:

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